

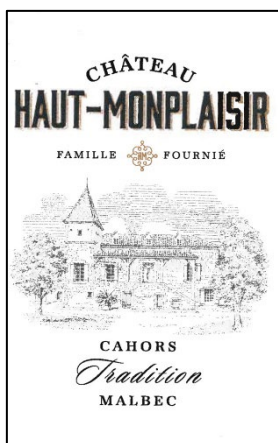
Château Haut-Monplaisir (organic)

Cahors



Malbec grown along the serpentine middle Lot river and the surrounding limestone uplands (or causses) is more acidic than tannic, with an inner athleticism and vigour, and fruit flavours that are matched by something unfruity that seems soil-related, with a deft and (at best) beguilingly scented leafiness.

-Andrew Jefford, Decanter Magazine, December 2023



There are things about Cahors that stick in one's memory. The first is that the appellation sits snug in the Haut-Pays, or high country, equidistant from the Atlantic Ocean, the Pyrenees, and the Mediterranean. Another is that autumn, particularly the crucial ripening month of September, is normally far drier in this region than in both Bordeaux and much of the Languedoc. Then there is the soil itself; it's red, based on limestone but flush with iron oxides. Iron was once smelted here, and this element, coupled with the intrinsic qualities of the native grape, accounts for the extraordinary minerality that anchors the region's best wines. The big thing about Cahors, however, is that it is the ancestral home of the black Malbec grape.

The heart of the appellation is the Lot Valley, and it brings Napa Valley to mind (without the fancy wineries). The Lot River snakes down a distinct valley with a wide alluvial floor, a pastoral landscape quilted with vineyards. The indigenous Malbec was cultivated here during Gallo-Roman times long before Bordeaux became established, and it made Cahors' reputation. Throughout the Middle Ages the wines

of the Haut-Pays outranked Bordeaux in prestige, and those from Cahors in particular were often used to beef up the color and backbone of Bordeaux's garnet-colored wines. Bordeaux, despite taxes extorted by its control of river and port, was never able to exile its rival. It took phylloxera in the late 1800s to do that. Today Cahors is in the midst of a renaissance, but even so its vineyard acreage is only 15% of what it was in the mid-1800s.

Cathy and Daniel Fournié of Château Haut-Monplaisir farm 74 acres, 10 of which are classified as IGP Côtes du Lot while the remainder is all appellation Cahors (previously they farmed 44.5 acres and older vintages have this figure on the back label). Since 2009 all of these parcels have been farmed organically, and certification came in 2012. Daniel went from conventional to organic viticulture and in the process became absolutely convinced that the latter has profoundly improved the health of his vines and their fruit. If you were looking for a persuasive advocate of farming with a green thumb, he would be an excellent candidate.

All of Château Haut-Monplaisir's vines grow in various parcels surrounding the domaine on what the locals call the third terrace of the valley floor. These terraces, or benches, sit on limestone bedrock and are layered alluvial gravel deposits left by glaciers. There are three such terraces in the valley; the third is the highest, furthest from the Lot, and with the second is considered to be the best by virtue of its well-drained soils. Above the third terrace come the mountain vineyards, high on the oak-scrub hills.

Cathy took over the vineyards in 1998 from her father, who had sold the crop to négociants. She and Daniel had a keen interest in making their own wine but realized they needed help. They reached out to Pascal Verhaeghe, the dynamic proprietor of Château du Cèdre whose vineyards grow on the third terrace. Pascal immediately saw the potential of Haut Monplaisir's site. He could also see that if great wine were made here then Cahor's revival would be all the more successful, and that was far more important to him than possible competition between the two domaines. Thus it came about that Pascal offered Daniel advice in the cellar while his brother Jean-Marc did the same in the vines, beginning a relationship between Haut Monplaisir and Château le Cèdre. It exists to this day, as close as ever.

Recently, Cathy and Daniel's daughter Mathilde joined the team, and they make four cuvées of Cahors, all 100% Malbec (Tannat and Merlot are often blended with Malbec to make Cahors—Tannat can add body, acid, and more tannin, while Merlot originally was brought in to soften Malbec's tannin but often has trouble ripening properly in the appellation). The wines are never fined and only filtered lightly if required, but usually there's no filtration. The grapes are always de-stemmed and the juice is never acidified (not even in the broiling 2003 harvest). The result is a hearty range of wines with a distinct sense of refinement. These are wines with a brooding, high-toned quality of wild elegance, and full of Cahor's telltale iron-rich minerality.

<http://chateauhautmonplaisir.com/index.en.html>